



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# UNDERSTANDING PARKINSON'S DISEASE

## WHAT YOU SHOULD KNOW

### BALANCED HEALTH SERIES

Information for your overall wellness.



**THURSDAY, APRIL 18, 2024**  
**12:00PM – 1:00PM**  
**FOND DU LAC FAMILY YMCA**



**FREE!**

Open to Y members and the community.  
Register online or by calling  
920.921.3330.



**PRESENTER:**

**Joel Mason, Physical Therapist,  
SSM Health Therapy Services**

Parkinson's disease (PD) is a type of movement disorder that can affect the ability to perform common, daily activities. It is a chronic and progressive disease, meaning that the symptoms become worse over time. Join Joel Mason, PT, as he discusses the causes, diagnosis, symptoms, treatment/medication, caregiver tips, and early onset of Parkinson's.

**FOND DU LAC FAMILY YMCA**  
90 W 2nd Street  
Fond du Lac, WI  
[fdlymca.org](http://fdlymca.org)



**SSM**Health.