



**Certification:** ACE Certified Personal Trainer, ACE Health Coach Certification

**Focus:** Improve overall physical strength and flexibility. Increase energy and reduce fatigue. Design and teach a personalized program tailored to you. Bring like-minds together with one goal in mind - to live a strong and healthy life.

**Personal Bio:** I'm a mom, wife, and cancer survivor. I enjoy spending my time with my husband, daughter, dogs, and family. In our free time we camp, travel, motorcycle and I support my daughter and husband in their passion for dirt biking. My goal in life: Never be forgotten; leave an imprint, be an amazing inspiration to others. Open my heart, mind, and soul. Let people see the real me.

**NICOLE PETERSON** Personal Trainer