# **CORE VALUES:**

HONESTY

Be truthful in what you say and do.

#### RESPECT

Be courteous, listen and treat others fairly.

#### RESPONSIBILITY

Be accountable for your promises and actions.

**CARING** Show sincere concern for others.

# DIVERSITY STATEMENT:

Here at the Y, we believe that a healthier and stronger community emerges when everyone has the opportunity to cultivate and nurture a healthy mind, body and spirit. Our core values are honesty, respect, responsibility and caring--they guide everything we do. Together we ensure that everyone across age, ability, cultural background, ethnicity, faith, gender expression, gender identity, ideology, income, language, national origin, race, religion or sexual orientation has access to resources to reach their full potential.





FOND DU LAC FAMILY YMCA 90 W. Second Street Fond du Lac, WI 54935 920.921.3330 | fdlymca.org



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

### **NEW MEMBER INFORMATION**





Check out our website at **fdlymca.org** for information on schedules, programs, classes, hours, etc.

Follow us on Facebook, Instagram and Twitter!



### OUR ONLINE ACCOUNT MANAGEMENT AND REGISTRATION SITE ALLOWS YOU TO:

- Register for programs faster and easier.
- Update or change your billing information.
- Pay your account balance.
- View or print receipts.
- View your check-in activity for current and previous month.
- View your current and upcoming registrations for all members on your account.
- Receive important membership and billing updates.
- Ensure you have a valid email and phone number connected to your Y Membership account. If you don't or are unsure, please contactmemberservicesat920.921.3330 and we will assist you.

#### HOURS OF OPERATION: BUILDING HOURS

Monday - Friday	. 5:00 am to 9:00 pm
Saturday	6:00 am to 4:00 pm
Sunday	7:00 am to 12:00 pm

#### **POOL HOURS**

Monday – Friday	5:00 am to 8:45 pm
Saturday	6:00 am to 11:45 am
Sunday	7:00 am to 10:45 am

#### **MEMBERSHIP HOURS**

Monday - Friday	
Saturday	9:00 am to 12:00 pm

Facility hours are subject to change. Visit fdlymca.org for most updated information.

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Schedule your FREE one hour assessment with a personal trainer to identify your baseline level of fitness, establish wellness goals and receive fitness recommendations from our knowledgeable staff. Schedule your session at the Welcome Center desk.



## **CHILD WATCH**

Located off the main lobby of the Y, Child Watch is an onsite, drop-off babysitting service for children ages 6 weeks – 10 years.

This member service is available to parents while they are working out at the Y. Parent or guardian must remain in the building while their child is in Child Watch. Registration is required.



## DOWNLOAD OUR FREE MOBILE APP

Get our mobile app by searching "Daxko" in the App Store or Google Play.

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Download and open the App, search for and choose "Fond du Lac YMCA", set notification preferences and enter your member cards under "cards".

#### **APP FEATURES:**

- Scan in at our facility using your smart phone.
- Search and register for programs.
- Manage multiple bar codes for you and your family.
- View fitness class, gym and pool schedules. Sort by area, type, time and class, to view only what you want to see.
- Add programs and events directly to your calendar.

## PURCHASE A LOCK FOR YOUR VALUABLES



We encourage all members who utilize our lockers to lock up their personal items. Keep your items safe. We sell locks for \$7.00 at the Welcome Center desk.