

CORE VALUES:

HONESTY

Be truthful in what you say and do.

RESPECT

Be courteous, listen and treat others fairly.

RESPONSIBILITY

Be accountable for your promises and actions.

CARING

Show sincere concern for others.

DIVERSITY STATEMENT:

Here at the Y, we believe that a healthier and stronger community emerges when everyone has the opportunity to cultivate and nurture a healthy mind, body and spirit. Our core values are honesty, respect, responsibility and caring--they guide everything we do. Together we ensure that everyone across age, ability, cultural background, ethnicity, faith, gender expression, gender identity, ideology, income, language, national origin, race, religion or sexual orientation has access to resources to reach their full potential.



A PLACE FOR ALL
WELCOMING
LEARN STRONGER
GROW TOGETHER
THRIVE HAPPINESS
WE ARE FAMILY
FRIENDS
DEDICATED TO
THE COMMUNITY
HOPE
COMMITMENT
FIND SUPPORT
& BELONGING
MAKING A DIFFERENCE
CONNECT WITH US
FAITH
ACHIEVE YOUR GOALS
HEALTHY CHANGE
A BETTER TOMORROW



FOND DU LAC FAMILY YMCA
90 W. Second Street
Fond du Lac, WI 54935
920.921.3330 | fdlymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MEMBERSHIP INFORMATION

A PLACE FOR ALL



PROVIDING ACCESS FOR ALL

The Y provides everyone the opportunity to be healthy and thrive, to connect with others, and contribute to a better community. Through generous donations to our Annual Campaign, we offer financial assistance for memberships and programs when support is needed.

Membership For All

Any individual or family whose total combined **gross household income is less than \$70,000 per year** may qualify for financial assistance, dependent upon household size. A sliding scale is used to determine how much assistance is awarded. Applications are available at the Welcome Center desk.

Programs For All

Any individual or family who qualifies for Membership For All financial assistance, also receives the same discount on qualifying programs.

APPLICATIONS ARE AVAILABLE AT THE WELCOME CENTER DESK.

How to apply:

1. Return completed **Membership For All** application and required copies of proof of income, to the Fond du Lac Family YMCA during membership hours.
2. Membership staff will determine your rate and set up your payment plan; same day approval is available during membership hours if all appropriate application materials are provided.
3. Payment/billing method must be provided to establish membership.

MEMBERSHIP RATES:

MEMBERSHIP TYPES	MONTHLY RATES	JOINER FEE
Youth (age 8- 18)	\$19.99	\$24
Young Adult (age 19-30)	\$22.99	\$48
Adult (age 31-64)	\$43.99	\$72
Senior (age 65+)	\$37.99	\$72
Family/Household	\$59.99	\$96
Senior Family/Household (primary member age 65+)	\$53.99	\$96

Join online at fdlymca.org

FREE MEMBERSHIPS

Enjoy a FREE membership if you participate in the following plans. Ask a Membership Representative for more details.

- AARP® MEDICARE SUPPLEMENT PROGRAM
- RENEW ACTIVE™ • SILVER&FIT® PROGRAM
- SILVERSNEAKERS®

MILITARY VETERAN MEMBERSHIP

The Fond du Lac Family YMCA offers special savings of 25% OFF the membership rate to individuals who have proudly served our country, in addition to a waived joiner fee.

Adult - \$32.00 per month Family - \$45.00 per month
 Senior - \$28.00 per month Senior Family - \$39.00 per month

Please present driver's license with service indicated or VA card for eligibility.

HOURS OF OPERATION:

BUILDING HOURS

Monday - Friday..... 5:00 am to 9:00 pm
 Saturday..... 6:00 am to 4:00 pm
 Sunday..... 7:00 am to 12:00 pm

POOL HOURS

Monday - Friday..... 5:00 am to 8:45 pm
 Saturday..... 6:00 am to 11:45 am
 Sunday..... 7:00 am to 10:45 am

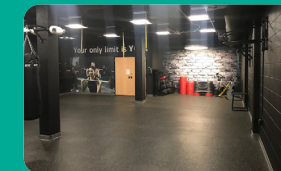
MEMBERSHIP HOURS

Monday - Friday..... 8:30 am to 6:00 pm
 Saturday..... 9:00 am to 12:00 pm

Facility hours are subject to change. Visit fdlymca.org for most updated information.

AMONG OUR OFFERINGS:

- Two swimming pools, water slide, whirlpool and steam room
- Wellness Center offering LifeFitness cardio and strength training machines, free weights, and stretching area
- Two full-size gymnasiums and racquetball courts
- Four state-of-the-art fitness studios, offering live, virtual and on-demand group fitness classes
- Paid personal training
- Twelve LES MILLS™ group fitness classes available
- Discounted program fees and priority registration
- Free youth and adult health and wellness orientations
- Free FITPATH fitness assessment



CHILD WATCH

Located off the main lobby of the Y, Child Watch is an onsite, drop-off babysitting service for children ages 6 weeks to 10 years.

This member service is available to parents while they are working out at the Y. Parent or guardian must remain in the building while their child is in Child Watch. Registration is required.