

# Keeping Our YMCA Healthy & You Informed

Dear Fond du Lac Family YMCA members and community,

The Y is committed to providing a safe, healthy and welcoming experience for all people who walk through our doors or use our services. Our leadership team has been monitoring reports from the Centers for Disease Control and Prevention (CDC), Fond du Lac County Health Department, and the Fond du Lac School District for all updated information. In light of the Coronavirus (COVID-19) outbreak in our region, we are updating you with the most recent decisions our organization has made.

#### WILL THE Y BE CLOSING?

The Y remains open to serve our community. Any facility closures will be made in accordance with guidelines from the CDC, Wisconsin State Department of Health, Fond du Lac County Health and recommendations from our national office, YMCA of the USA. You can go to our website at fdlymca.org to get up-to-date facility information.

#### ARE PROGRAMS CANCELLED?

The Y remains open to serve our community. Any facility closures will be made in accordance with guidelines and recommendations by the CDC and we will notify you if our plans change. The health of all of our members and program participants is always our first priority. At this time we are not aware of any reason to cancel classes. Programs will continue to be held and we will continue to serve members allowing program participants **the option** to participate.

#### ARE YMCA EVENTS CANCELLED?

At this time we have not cancelled any upcoming events. We will keep you updated.

#### ARE ANY FACILITY CHANGES BEING MADE FOR PROGRAMS OR ACTIVITIES?

There will not be a bounce house set up during Family Sundays, indefinitely.

#### HOW WILL THE Y COMMUNICATE ANY CHANGES?

You can find the most up-to-date information on our website at fdlymca.org, or download our mobile app "Daxko" to access facility information. We may also send an email to those members who have accurate email addresses on file.

## WHAT OPTIONS DO I HAVE TO WORK OUT AT HOME TO STAY ON TOP OF MY FITNESS?

LES MILLS ON DEMAND is an option to work out at home. With a **FREE 10-DAY TRIAL**, you get 24/7 access to the same scientifically proven workouts you enjoy with us at the Y. Learn more at https://www.fdlymca.org/lesmillsondemand.html

### YMCA STAFFING

If due to staff illnesses the Y is unable to provide a safe environment for members because of staff absences, the Y may adjust building hours or close certain program areas of the building. Staffing situations may dictate how we run programs (class numbers or structure). We may need to suspend programming at some point; we will keep you updated.

As conditions change, our organization will adapt our operations to those conditions and remain consistent with recommendations from the Fond du Lac County Health Department and CDC. Please note that any of these initial plans may change at any time. For the latest information please check our website fdlymca.org.

Thank you for your understanding as we make ongoing decisions based on this very fluid situation.