

## Keeping Our YMCA Healthy & You Informed

## **SAFER AT HOME**

Dear Valued Y member,

Due to the <u>Safer at Home Order</u> by Governor Evers issued on March 24, 2020, the Fond du Lac Family YMCA will continue to remain closed until Friday, April 24<sup>th</sup>, with no scheduled reopen date, or until a superseding order is issued. Secretary-designee Andrea Palm's Emergency Order #6 remains in effect and our Child Care Center will remain open, with prioritized care for families in our community. We will continue to support our community the best way we can, and right now this means supporting staff working in health care and other vital areas as deemed necessary by this order. We are one of <u>25 YMCA's across Wisconsin/U.P. Michigan</u> that is collaborating with local government and health officials to offer care for children of essential employees who need to work, because they directly support the efforts to mitigate the impact the coronavirus has in our communities.

We continue to ask you to stay with us so we can help support our community, our neighbors and our friends who are working during this epidemic, and that includes our amazing Child Care staff. Staying with us ensures our Y can continue to help support those who need us most.

But most importantly, please stay at home, where it is safer for your family and our community.

If you have reached out to us by phone or email with questions about your membership, please know that there may be a delay in responses to phone calls, and email is the preferred communication method for membership inquiries. We appreciate your patience and understanding as we try to do our best to continue to serve our members.

**MEMBERSHIP CONTACT** – EMAIL: <u>hbell@fdlymca.orq</u> to receive a call back from our team.

## CHILD CARE CONTACT- EMAIL: sharlan@fdlymca.org or PHONE: 920.921.3698

We do have a limited number of openings in our Child Care Center at this time. If you are a worker that the U.S. government has deemed an "essential" worker amid the coronavirus pandemic and are in need of Child Care, please contact us. If you leave a message we will get back to you as soon as possible.

## FREE AT HOME FITNESS RESOURCES:

Les Mills: <u>60-day ON-DEMAND free trial</u> Les Mills: <u>At Home Workouts</u> YMCA: Y360 SilverSneakers GO: <u>Download the app</u> SilverSneakers On-Demand videos: <u>Learn more</u> NEW! <u>LifeFitness Digital Coach</u>

Join our Facebook Group to stay connected with members: Engaging Our YMCA Community during COVID-19

We miss our members and are saddened by not being able to connect fully with you, our Y family, in person. We hope you take advantage of the free at home fitness resources we have available, to help you find your new normal fitness routine. At the Y, we exist to strengthen our community. We hope to come out of this stronger and look forward to the day we can reopen our doors.

With gratitude,

JJ Raflik CEO/Executive Director Fond du Lac Family YMCA