



# Indoor Youth Program Safety

## FOND DU LAC FAMILY YMCA

Youth Programming plays an important role in the health and development of our youth and serves as a positive outlet. The Fond du Lac Family YMCA priority is to provide indoor Youth programming in a safe and effective manner. Program modifications have been put in place for the safety of our program participants. The YMCA takes into account guidance from the CDC, local government authorities, Y-USA, and recognized sporting bodies.

Staff, parents, and participants should not attend practices, games or programs if they answer YES to any of the following questions:

- Have you or anyone in your household had a fever or taken fever-reducing medicine in the last 24 hours?
- Have you experienced any cold or flu-like symptoms within the last 72 hours (to include loss of taste/smell, cough, sore throat, respiratory illness, difficulty breathing)?
- Have you or anyone in your household had close contact with or cared for anyone confirmed COVID-19 in the last 14 days?
- Have you or anyone in your household had close contact or live with anyone who has been told to self-quarantine in the last 14 days?

### **MASK REQUIREMENTS**

- All staff leading programs are required to wear masks while giving instruction within 6 feet of program participants.
- Participants and spectators should follow the CDC recommended precaution to wear a mask if not fully vaccinated, while in our facilities.
- Participants may remove masks while in a space during active play if able to social distance.

### **SOCIAL DISTANCING**

- Spectator spots will be spaced to allow for social distancing.
- Spectators and participants will be asked to leave the gym or area immediately following the activity.
- Teams or participants will be advised to arrive no sooner than five minutes prior to their practice/game/activity start time.

NOTE: It may not be possible in all cases to be six feet apart.

### **CLEANING & HAND SANITIZER**

- Any facilities that are accessible during practices and games will be cleaned and disinfected regularly.
- Y staff will sanitize equipment or supplies between each activity. When applicable participants may be asked to bring their own equipment if possible.
- Hand sanitizer will be available throughout the building.
- Participants will be asked to bring their own water bottles. Water fountains are only available for touchless bottle filling.

If you're still deciding whether indoor activities are right for your child, we encourage you to reach out to our Director of Program Development, Jennie Mildebrandt, at [jmildebrandt@fdlymca.org](mailto:jmildebrandt@fdlymca.org) or 920-921-3330 ext 315 so that she can properly address your concerns.