

FOND DU LAC FAMILY YMCA

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING **FOR SOCIAL RESPONSIBILITY**

Making a Difference in Our Community **FOR ALL**

YOUTH DEVELOPMENT





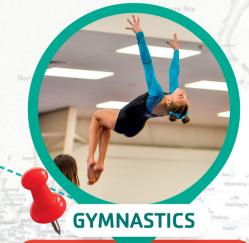
AQUATICS

registrations

were made for swim lessons to teach

important skills.

Additional FREE lessons



766 gymnasts took progressive lessons. Were on team, up 10% since 2019



594 children participated in youth sports and activities.

GIRLS ON THE RUN

281 girls participated in GOTR from 19 sites.



CHILD CARE

94 children were enrolled in Child Care serving **85** families.



38 enrolled in adaptive swim. St Adaptive Field Trip took place in December.





The Y hosts 5 annual Family Strengthening events in partnership with the Boys & Girls Club, FREE to members.



FOND DU LAC FAMILY YMCA IMPACT REPORT 2022

HEALTHY LIVING







ACTIVE OLDER ADULTS LIVESTRONG AT THE YMCA PARKINSON'S EXERCISE

Seniors age 65+ represented of members at units totalling 1,979

23 Survivors found strength & improved their health while making friendships.

33 Participants met twice a week to find benefits from exercise.

SOCIAL RESPONSIBILITY



VETERAN DISCOUNT

Veterans received 25% off their monthly membership fees & a waived joiner fee.



MEMBERSHIP FOR ALL

We provided families over \$114,000 in MEMBERSHIP ASSISTANCE





The Y offers FREE health seminars to Y members & the community, in partnership with SSM Health, Aurora Health Care and The Wellness Way.