

2022 IMPACT REPORT

Making a Difference in Our Community
FOR ALL

YOUTH DEVELOPMENT



AQUATICS

991 registrations were made for swim lessons to teach important skills.
557 Additional FREE lessons were provided.



GYMNASTICS

766 gymnasts took progressive lessons.
67 Were on team, up 10% since 2019.



YOUTH SPORTS

594 children participated in youth sports and activities.



GIRLS ON THE RUN

281 girls participated in GOTR from **19** sites.



CHILD CARE

94 children were enrolled in Child Care serving **85** families.



ADAPTIVE

38 enrolled in adaptive swim.
1st Adaptive Field Trip took place in December.

Did you know?



The Y hosts 5 annual Family Strengthening events in partnership with the Boys & Girls Club, FREE to members.



The Y offers FREE lifeguarding certification.

FOND DU LAC FAMILY YMCA IMPACT REPORT 2022

HEALTHY LIVING



ACTIVE OLDER ADULTS

Seniors age 65+ represented
39% of members at units
totalling **1,979**



LIVESTRONG AT THE YMCA

23 survivors found
strength & improved their
health while making friendships.



PARKINSON'S EXERCISE

33 Participants
met twice a week to find
benefits from exercise.

SOCIAL RESPONSIBILITY



VETERAN DISCOUNT

186 Veterans received
25% off their monthly
membership fees &
a waived joiner fee.



MEMBERSHIP FOR ALL

We provided families over
\$114,000
in MEMBERSHIP ASSISTANCE

Did you know?



The Y offers FREE health seminars to Y members & the community, in partnership with SSM Health, Aurora Health Care and The Wellness Way.