

A photograph of a person lying on a table, receiving chiropractic care. A practitioner's hands are visible adjusting the person's leg.

# CHIROPRACTIC CARE FOR INJURY PREVENTION & SPORTS PERFORMANCE

**BALANCED HEALTH SERIES**  
Information for your overall wellness.  
FREE! Open to Y members & the community.

**JUNE 28, 2022**

11:30 am -12:30 pm  
FOND DU LAC FAMILY YMCA  
BOARD ROOM  
90 W 2<sup>nd</sup> Street

**REGISTER BY  
CALLING 920.921.3330**



**PRESENTER: Dr. Mark Donovan,  
Chiropractor**

Learn about the  
importance of  
chiropractic care  
for injury  
prevention &  
enhanced sports  
performance & why  
having the proper  
alignment is  
essential.

Join this FREE  
community  
presentation.



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