

WATER AEROBICS

NOVEMBER 1–NOVEMBER 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MORNING AQUABLAST WITH FRIENDS Kelly 7:15 – 8:00 am		**MORNING AQUABLAST WITH FRIENDS** Kelly 7:15 – 8:00 am		
POOL PARTY Keelyn 8:00 – 8:45 am	**MID-TEMPO AQUA BEATS** Lynn 8:30 – 9:30 am	**POOL PARTY** Keelyn 8:00 – 8:45 am	**MID-TEMPO AQUA BEATS** Lynn 8:30 – 9:30 am	**MID-TEMPO AQUA BEATS** Lynn 8:30 – 9:30 am	**SPLASH JAM** Dorothy 8:00 – 9:00 am
	AQUA ABS & ARMS Lynn 9:30 – 10:30 am	**POOL PARTY** Keelyn 9:00 – 9:45 am	**AQUA ABS & ARMS** Lynn 9:30 – 10:30 am		
AQUA FIT Lenore 10:45– 11:45 am	**AQUA FIT** Lenore 10:45– 11:45 am			**AQUA FIT** Lenore 10:00– 11:00 am	
		AQUA FIT Jean 11:00 am–12:00 pm		**AQUA FIT** Jean 11:00 am–12:00 pm	
			WALK & WARM-UP Cindy 12:30– 1:00 pm		
	SPLASH AND CHAT Cindy 1:00– 2:00 pm		**SPLASH AND CHAT** Cindy 1:00– 2:00 pm		
SPLASH JAM Tina 6:00– 7:00 pm	**POOL PARTY** Keelyn 6:00– 7:00 pm	**SPLASH JAM** Dorothy 6:00– 7:00 pm	**SPLASH JAM** Tina 6:00– 7:00 pm		