

WATER AEROBICS

DECEMBER 1 – DECEMBER 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MORNING AQUABLAST WITH FRIENDS Kelly 7:15 – 8:00 am		MORNING AQUABLAST WITH FRIENDS Kelly 7:15 – 8:00 am		
POOL PARTY Keelyn 8:00 – 8:45 am	MID-TEMPO AQUA BEATS Lynn 8:30 – 9:30 am	POOL PARTY Keelyn 8:00 – 8:45 am	MID-TEMPO AQUA BEATS Lynn 8:30 – 9:30 am	MID-TEMPO AQUA BEATS Lynn 8:30 – 9:30 am	SPLASH JAM Dorothy 8:00 – 9:00 am
	AQUA ABS & ARMS Lynn 9:30 – 10:30 am	POOL PARTY Keelyn 9:00 – 9:45 am	AQUA ABS & ARMS Lynn 9:30 – 10:30 am		
AQUA FIT Lenore 10:45– 11:45 am	AQUA FIT Lenore 10:45– 11:45 am			AQUA FIT Lenore 10:00– 11:00 am	
		AQUA FIT Jean 11:00 am–12:00 pm		AQUA FIT Jean 11:00 am–12:00 pm	
			WALK & WARM-UP Cindy 12:30– 1:00 pm		
	SPLASH AND CHAT Cindy 1:00– 2:00 pm		SPLASH AND CHAT Cindy 1:00– 2:00 pm		
SPLASH JAM Tina 6:00– 7:00 pm	POOL PARTY Keelyn 6:00– 7:00 pm	SPLASH JAM Dorothy 6:00– 7:00 pm	SPLASH JAM Tina 6:00– 7:00 pm		