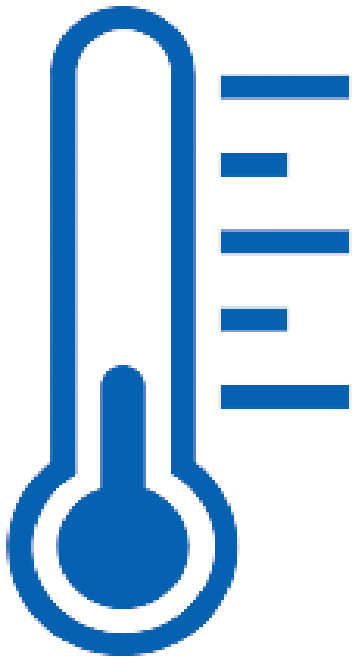




# UNDERSTANDING AQUATICS

## AVERAGE TEMPERATURES



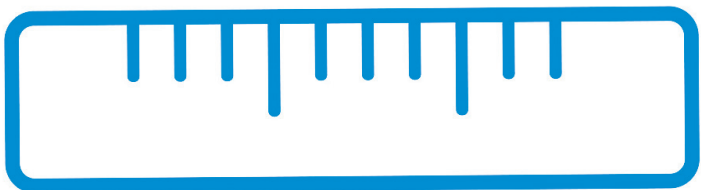
LAP POOL = **80°**

FAMILY POOL = **84°**

WHIRLPOOL = **103.5°**

STEAM ROOM = **113°**

## LAP POOL LENGTH & DISTANCE



**25 YARDS**



**33 LAPS = 1 MILE**

**66 LENGTHS = 1 MILE**

## WHIRLPOOL & STEAM ROOM



LIMIT  
USE TO **10**  
**MINUTES**



MUST BE AGE

**18+**

## WATER SLIDE



MUST BE  
**48"**



MAX OF  
**300** LB.