



PROGRESSIVE GYMNASTICS



GUIDELINES & EXPECTATIONS:

- **Spectating is limited to one person per gymnast only – no exceptions.**
- Gymnasts and spectators will not be able to enter the building until 5 minutes before class starts. Upon entering, gymnasts and spectators are required to wash their hands and gymnast should immediately go to one of the squares on the floor.
- Gymnasts and spectators are asked to leave immediately after class so cleaning may be done before the next group.
- Gymnasts, spectators and staff will maintain a minimum of 6 feet of physical distance whenever possible.
- Gymnasts, spectators and staff are encouraged to wear a face covering when physical distancing is not possible.
- Sanitation and cleaning supplies will be provided for gymnasts to disinfect equipment before & after use.
- Water fountains will not be available. Gymnasts should bring their own filled water bottles.