

A BETTER US STARTS WITH U



WE WANT YOU ON OUR TEAM!

The FOND DU LAC FAMILY YMCA
IS NOW HIRING:

YOGA INSTRUCTOR Part-Time



The Fond du Lac Family YMCA is looking for an individual who is certified and specializes in teaching a restorative style of Yoga: slow-paced classes and knowledge of how to use props and assist students. This individual should be able to teach a Yoga class that helps students connect their body, breath and mind, using physical postures, breathing exercises and meditation.

RESPONSIBILITIES:

- Learns new routines, patterns, or material as required to deliver the highest level of programming.
- Instruct and educate members on general wellness information, correct body alignment and exercise form.
- Greet and interact with members as needed before and after class providing guidance, encouragement and motivation to every member.
- Communication with other fitness and management staff of any concerns, question, or suggestions that you have or that you may have heard from other staff, volunteers, members or the public.

REQUIREMENTS:

- Certified in a restorative style of Yoga
- Must be able to effectively communicate and actively interact with members
- Must be able to perform physical functions necessary to program instruction, including but not limited to squatting, bending, kneeling, spotting program participants and demonstrating the use of program apparatus or program skills

HOW TO APPLY:

1 - Fill out the
EMPLOYMENT FORM

2 - Submit your RESUME &
EMPLOYMENT APPLICATION



WAGE SCALE:

\$10.45 per hour based on experience

CLASS TIMES:

8:00 am, 12:00 pm, 5:15/5:30 pm