

A BETTER US STARTS WITH U



WE WANT YOU ON OUR TEAM! The FOND DU LAC FAMILY YMCA IS NOW HIRING: **GYMNASTICS COACH** Part-Time (Xcel Silver & Gold)



We are looking for a motivated and supportive USAG Xcel Silver & Gold Coach to join our team! This coach will train athletes in skill development, routine construction, and competition preparation within the Xcel program. Candidates should have strong knowledge of Xcel Silver and Gold skill requirements, rules, and routine composition, and be confident teaching proper progressions and technique. The ideal coach is positive, organized, and passionate about helping athletes grow in confidence, consistency, and competitive readiness while fostering a team-first culture.

RESPONSIBILITIES:

- Model and uphold the YMCA's core values of honesty, caring, respect, and responsibility while serving as a positive role model.
- Create a safe, inclusive training environment that supports gymnast growth and development while building relationships with gymnasts and families.
- Deliver high-quality gymnastics instruction focused on technique, strength development, skill progression, and injury prevention.
- Collaborate and communicate with coaching staff and leadership regarding athlete development, practice planning, progress, concerns, and injuries.
- Assist in planning practices and team development strategies while implementing safety standards and spotting protocols.

REQUIREMENTS:

- One year experience in gymnastics or related teaching experience required, to include knowledge of gymnastics terms and skills and the ability to break skills down to a teachable level.
- Experience and knowledge of Xcel gymnastics. Demonstrated experience in safely teaching and spotting complex skills or a combination of skills as performed in competition.
- Experience competing or coaching in a competitive environment is helpful.
- Requires significant use of hands, arms, and body, as well as the ability to lift up to 50 pounds to set up and put away equipment and safely spot participants.
- Must be able to easily move through all program areas and effectively communicate and actively interact with customers.
- Excellent interpersonal and problem solving skills and the ability to connect with people of diverse backgrounds.

WORK DAYS: Weeknights; possible travel locally and state-wide to attend gymnastics meets.

HOW TO APPLY:

1 - Fill out the
EMPLOYMENT FORM

2 - Submit your
RESUME & EMPLOYMENT
APPLICATION

