

A BETTER US STARTS WITH U



WE WANT YOU ON OUR TEAM! The FOND DU LAC FAMILY YMCA IS NOW HIRING: **GYMNASTICS COACH** Part-Time (Levels 1-3)



We are seeking an enthusiastic and dependable USAG Levels 1-3 Coach to join our competitive team! This coach will work with our beginner competitive athletes, building strong fundamentals in a positive, structured, and encouraging environment. Candidates should have knowledge of USAG Levels 1-3 skills, progressions, and routines, and be confident teaching proper technique and routine preparation. The ideal coach is energetic, detail-oriented, and passionate about helping young gymnasts grow in skill, confidence, and teamwork.

RESPONSIBILITIES:

- Model and uphold the YMCA's core values of honesty, caring, respect, and responsibility while serving as a positive role model.
- Create a safe, inclusive training environment that supports gymnast growth and development while building relationships with gymnasts and families.
- Deliver high-quality gymnastics instruction focused on technique, strength development, skill progression, and injury prevention.
- Collaborate and communicate with coaching staff and leadership regarding athlete development, practice planning, progress, concerns, and injuries.
- Assist in planning practices and team development strategies while implementing safety standards and spotting protocols.

REQUIREMENTS:

- One year experience in gymnastics or related teaching experience required, to include knowledge of gymnastics terms and skills and the ability to break skills down to a teachable level.
- Experience and knowledge of competitive gymnastics. Demonstrated experience in safely teaching and spotting complex skills or a combination of skills as performed in competition.
- Experience competing or coaching in a competitive environment is helpful.
- Requires significant use of hands, arms, and body, as well as the ability to lift up to 50 pounds to set up and put away equipment and safely spot participants.
- Must be able to easily move through all program areas and effectively communicate and actively interact with customers.
- Excellent interpersonal and problem solving skills and the ability to connect with people of diverse backgrounds.

WORK DAYS: Weeknights; possible travel locally and state-wide to attend gymnastics meets.

HOW TO APPLY:

1 - Fill out the
EMPLOYMENT FORM

2 - Submit your
RESUME & EMPLOYMENT
APPLICATION

