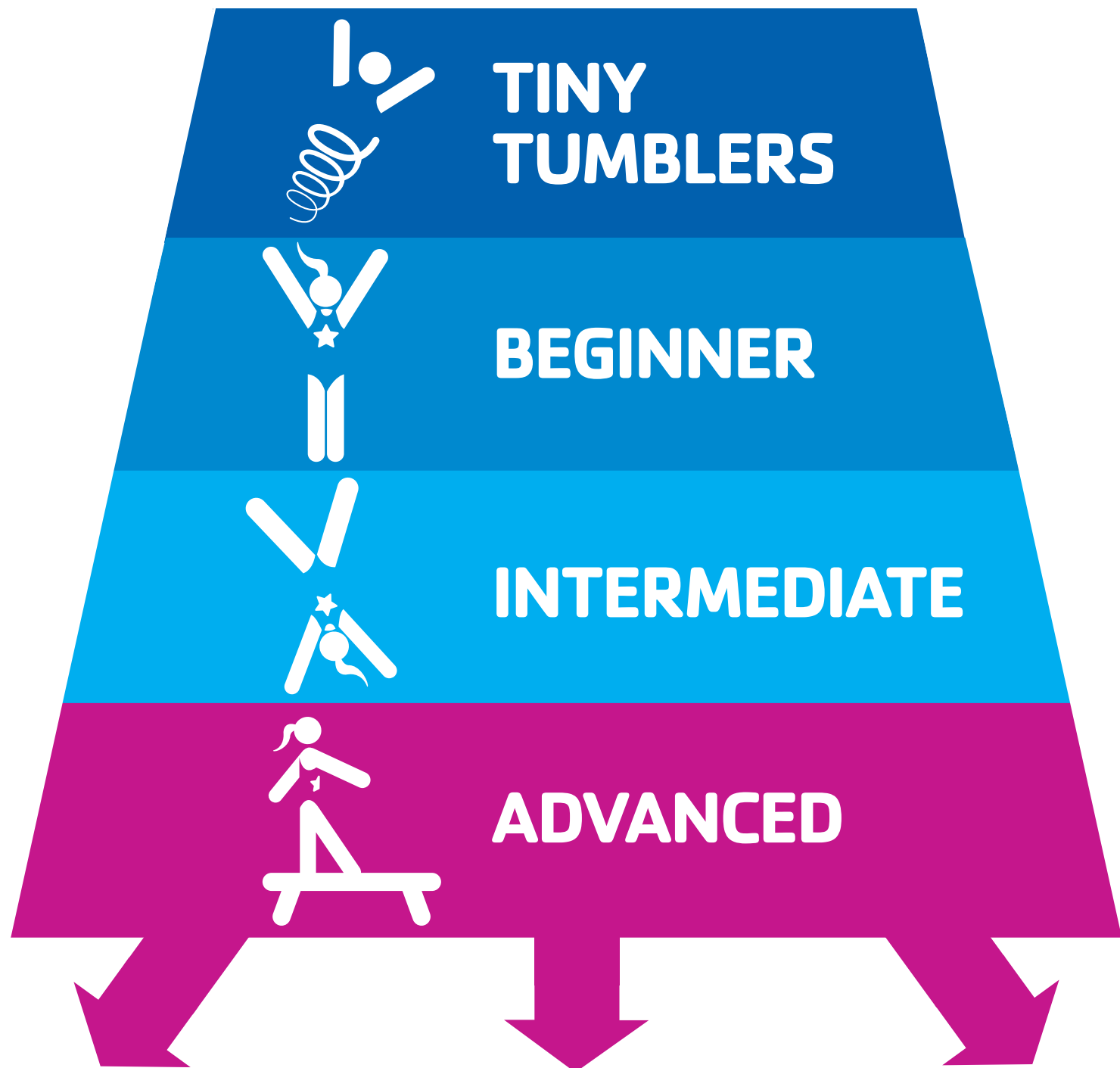




# GYMNASTICS FLOW CHART



**RECREATION**

**ADVANCED II**

**PRE-TEAM**

### **RECREATION (9+):**

This class is designed for gymnasts ages 9+ who would like to either try gymnastics or continue with gymnastics recreationally. This class is for gymnasts with all experience levels.

### **ADVANCED II:**

This class is for gymnasts who have passed Advanced. Advanced II will help gymnasts fine tune their skills to be ready for Pre-Team practices.

### **PRE-TEAM:**

Must attend Pre-Team Tryouts and receive invitation to join Pre-Team group. Tryouts are held two times a year in May & December.

**COMPETITIVE  
TEAM**