



FOREVER CONNECTED

OCTOBER 2025

FOREVERWELL®

**SPECIALIZED
WELLNESS
PROGRAMS**

FOR AGES 55+

SPONSORED BY:  **network
health**



FOND DU LAC FAMILY YMCA

Make friends and build community through social events, group outings, and casual meet-ups that bring people together.

OUT TO LUNCH:

OCTOBER 14 | 11:30 am | EL PATRON

Join other FOREVERWELL members for food, fun and fellowship. Sign up at the Welcome Center desk.

FOREVERWELL BOOK CLUB:

OCTOBER 28 | 11:30 am | Y Healthy Living Center

Meets the last Tuesday of each month. Books are provided.

AUTUMN GATHERING

Chili potluck & pumpkin painting – \$5 registration

OCTOBER 29 | 11 am – 1 pm | Y Multi-purpose Room

Sign up at the Welcome Center desk to join us for our Fall Chili Potluck! Bring your favorite chili recipe to share and enjoy tasting a variety of delicious homemade dishes.

Along with food and fellowship, we'll have a fun pumpkin painting activity!

POTLUCK SIGN-UP SHEET IS AT THE WELCOME CENTER DESK!



festival

**TURKEY
TROT**

FOND DU LAC

VOLUNTEERS NEEDED!

SIGN UP AT :

festivalfoodsturkeytrot.com

SCAN FOR ALL



**FOREVERWELL
OFFERINGS**