

OVERALL INFORMATION

- Please arrive 10 minutes prior to your session start time.
- YMCA staff member will direct you to the correct field.
- Check in at YMCA table to receive your shirt (wear each Saturday).
- Bring a water bottle & wear comfortable athletic attire
- Cleats are allowed but not necessary (NO metal spikes)

4K SCHEDULE

September 21st – October 12th (4 weeks)

DESCRIPTION

This program teaches kids the basic of football, good sportsmanship and the foundations of the game through drills with volunteer coaches. No officiated games are played. T-shirt included with registration.

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LOCATION:

FOND DU LAC

See parking map on back.

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