



FLAG FOOTBALL PROGRAM INFORMATION

FOND DU LAC FAMILY YMCA

OVERALL INFORMATION

- Please arrive 15 minutes prior to your session start time.
- Check in at YMCA table to receive your team information.
- Jerseys will be handed out the second week (wear each Saturday).
- YMCA signs with team names will be placed at each field to direct you to the correct field.
- Bring a water bottle & wear comfortable athletic attire.
- Cleats are allowed but not necessary (NO metal spikes).

**LOCATION:
TBD**

SCHEDULE (KINDERGARTEN)

- September 12th – October 17th - PRACTICE ONLY (Can scrimmage; will not be officiated)

SCHEDULE (1ST – 4TH GRADES)

- September 12th – PRACTICE ONLY
- September 19th – 30 minute practice followed by 1 hour officiated game
- September 26th – 30 minute practice followed by 1 hour officiated game
- October 3rd – 30 minute practice followed by 1 hour officiated game
- October 10th – 30 minute practice followed by 1 hour officiated game
- October 17th – 30 minute practice followed by 1 hour officiated game

Katie Schingen
Family & Sports Specialist
kschingen@fdlymca.org
920-921-3330 ext 306

PROGRAM SESSION TIMES:

Grades 1 & 2 – 8:45am-10:15am
Grades 3 & 4 – 10:30am-12:00pm
Kindergarten – 10:45am-11:45am