

the	April/May Land & Virtual Fitness Schedule						Studio 3
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	r
 воотсамр (\$)				BOOTCAMP (S)	BOOTCAMP (S)		
5:05AM - 5:50AM		5:05AM - 5:50AM		5:05AM - 5:50AM BUTTS & GUTS	7:00AM - 7:45AM		

12:00PM - 12:45PM